



Erasmus+



CAMPUS
MUNDI

ERASMUS+ INTERNSHIP EXPERIANCE REPORT

<u>PERSONAL DATA</u>		
Name (optional):	Emira Gerguri	
E-mail (optional):	emira98@hotmail.com	
Neptun code:	FGTOAZ	
Faculty:	Social Studies and International Relations	
Major:	International Relations	
Grade:	3.98	

Type of internship:	Traineeship	
Type of scholarship:	Erasmus	
Start date of the mobility:	28th of May 2019	
End date of the mobility:	31st of July 2019	
Host country:	Portugal	
Host city:	Porto	

Name of the host institution:	Universidade do Porto	
Position of the intern at the host institution:	Intern	
Working language:	English	
Result of the 1. language test:	C1	
Result of the 2. language test:	B2	
<u>I would recommend my host institution because:</u>		
It provided several opporntities to develop my professional skills	X	
The community / colleagues was/were open and friendly	X	
They respected my work	X	
They gave me a competitive salary	X	
The community was multicultural	X	
I could do a purposeful work	X	
I received useful feedbacks	X	
I had a supervisor to whom I could turn, he/she helped me	X	
They managed the Erasmus+ paperwork flexibly	X	

	They provided me with proper working conditions	X	
	Other:		
	FURTHER DETAILS AND COMMENTS		
	<i>If you wish, you can add further details, comments, information here.</i>		

QUESTIONS REGARDING STUDIES, INTERNSHIP AND WORKING

- If your traineeship abroad was not during the Summer or after graduation, how could you reconcile your studies with your mobility? (individual curriculum, exams, recognition of credits, etc.)
- Has a learning / preparation plan been prepared before the commencement of your traineeship? If so, did you receive professional support from your instructor or any other person?
- Did you have any instructor or mentor at work with whom you could communicate about your experiences during your mobility?
- What position did you have at the host institution? What were your tasks? Have your personal/professional interest and aims played a role in the determination of your tasks?
- What did you learn? What did you develop professionally and what competencies did you develop? What competencies did you want to deliberately reinforce, which you could develop in an unplanned / unexpected way?
- To what extent have your language skills and your communication skills generally improved?
- What were your personal and professional goals? Which of them could you achieve, and what did surpass your original plans and expectations?
- What remarkable good and bad practices did you observe in respect of
 - the specific field;
 - collaboration, organizational culture;
 - the workflows;
 - the administrative environment;
 - services provided to workers?
- Has your knowledge improved beyond your personal development that could be useful for your environment, your contemporaries or the Corvinus University of Budapest? What lessons could you draw for CUB?

	<ul style="list-style-type: none"> • It was during Summer • Yes, it was mentioned that we would attend conferences, information on all the events (all over the world) that will be organized in order to celebrate the idea of Utopia. The promotion of four outreach activities: "PAN-Utopia 2100", 	i
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	<p>“Great Utopians: People with ideas that have changed the world”, “The Guestbook Project” and “Ecotopia”. A blog in which various solidarity projects are promoted (non-profit and that, in our view, promote utopian thinking). Information on the ARUS network (Advanced Research in Utopian Studies).</p> <ul style="list-style-type: none"> • Yes, I did • I was an Intern participating in Conferences, dealing with the Social Media and also held a session on Women Rights Issues • I learned a lot about Sustainability, Environmental Issues, Global Warming and Climate Change. Ways to save the environment, organization that help and teach methods for saving the environment. I also develop better public speaking skills by the conferences and session we presented. Also improved my research skills too. • My language skills are still in the same level as I had before coming here. • When I came here, I saw that everyone was an activist and very determined to make positive changes in Society. I wanted to talk about women rights issues and it actually happened. Best of all I got to talk about my country too. Also, I got to talk to kids and raise awareness and teach them about how to save the environment. All of those exceeded my expectations because I got to be an active activist and teaching others about the issues we have to deal nowadays. • That there are so many ways you can help Society. <ul style="list-style-type: none"> -You can have the same goals and purposes no matter what your culture background is. -Work can be done efficiently if you work together as a team -If you finish your work on time and be on track with the deadlines than you won't have any difficulties and if there is something you don't understand, there is always someone there to help! -Everybody was listening and ready to help. <ul style="list-style-type: none"> • Just by being more specific, help out more international students, have more things translated in English and tell them about any organization that they could volunteer in to help the communities. 	

<u>QUESTIONS REGARDING THE FUTURE</u>		
<ul style="list-style-type: none"> • Do you have the opportunity and/or will to keep in touch with the host institution? • Are you planning to work at the given institution? Have you received an offer? • Were you able to build out a network of connection? If yes what kind? • What kind of perspectives have you found for the future in connection with your internship? • Do you plan to mention the internship in your CV? What and how would you do that? 		
	<ul style="list-style-type: none"> • Yes, especially if I find any organization that they would collaborate with about environmental issues or any message that gives out a positive impact in society. • I would love to but I still haven't received any offer 	

		<ul style="list-style-type: none"> • Yes, I did by knowing a lot of people that work in different kind of NGOs, especially in my region (Balkans), learning about what they do and how I could offer my help. • I learned that I offer a lot and that I can make change in my community If I really want to. I want to work in a field that has to do with humanitarianisms. • Yes, because it is related in a field that I want to work in the future. 	
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<p><u>SELF-REFLECTION, FEEDBACK, OTHER</u></p> <ul style="list-style-type: none"> • Was your personality effected during and by the internship? If yes in what way? • How much were you satisfied with the Erasmus+ (or Campus Mundi) coordinator(s)? Do you have any feedback for them? • Other comments, advices, ideas... 			
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		<ul style="list-style-type: none"> • No, just became more determined to make positive impacts in Society • It was fair, just was confused with the whole original copy of the Learning Agreement to be sent to Corvinus when other universities didn't have this. Also, the Grant was very late giving me a lot of problems and difficulties. 	
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<p><u>EXPLICATION OF PRACTICAL IDEAS, USEFUL ADVICES FOR THE QUESTIONS BELOW</u></p> <ul style="list-style-type: none"> • Searching for the recieving place: How/where/ in how much time did you find the recieving place? • Accommodation: How/where/ in how much time did you find your accommodation? What kind of place was it (apartment, dorm..etc.)? How much did it cost? Was its location convenient? • Travelling (there and back again): way of travelling (e.g. car, train, plane, bus), prices, packing, tips, advices • Livelihood, prices in the recieving country, town: e.g. transportation, food, household products, pastime, clothing, etc. • Society, culturre in the recieving country, town. • Travelling, entertainment and cultural opportunities in the recieving town, country. 			
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- Quite hard but search by people recommendations and it took me months to find it.
- By Websites and facebook groups. It was fairly priced flat with a good location
- Plane, WizzAir and RyanAir have good prices, would recommend booking a month before
- Fair if you keep yourself in track. The groceries are cheap because they have Lidl, Mini Preco and Continete which are markets with fair prices. I didn't buy that many clothes but only did when there were flea markets.
- Very welcoming and they give out such good atmosphere and even treat you as a local.
- A lot of good events for students whether by the locals or the ESN.

Kelt.:

Pictures



