

The purpose of the Code of Conduct is to define the behaviour of persons (service users and other users) in the gyms and the basic rules that are essential for the provision of a high quality of service in a civilised manner.

The Rules of Procedure lay down requirements for the proper use, maintenance and safe operation of the gyms which are not laid down in other rules.

The user of the gyms must not violate any applicable legal provisions or regulations in force or the rules contained in these Rules.

Users of the services of the Sports Centre automatically accept and understand the rules of the Rules of the House.

The Rules of Procedure are freely accessible and available for review by all users and students at the reception desk of the Sports Centre.

Use of the services constitutes automatic acceptance of the Rules.

Failure to be aware of the Policy does not absolve the user of the services from any offence committed.

We kindly ask you to respect the following rules in order to ensure the continuity of the cultural sports facilities.

- 1. Access to the gyms is possible on weekdays with a valid Neptun application during lessons and with a valid pass during late afternoon, evening and weekend hours.
- 2. All students use the services at their own risk and responsibility.
- 3. The student is entitled to use the sports equipment (e.g. barbell, step stairs, ball, skipping rope, rubber mat, etc.) in the gym and gymnasium area only for the intended purpose and in a manner that does not disturb other students in their training.
- 4. The student is obliged to return the sports equipment to the appropriate place after use, to set the machines to the starting/restarting position and, if the student has picked it up from the instructor, to hand it in to the instructor on leaving.
- 5. Fitness equipment and machines in the gym may only be used for their intended purpose and in accordance with the instructions for use of the machines.

- 6. Before each use, the condition of the machines and equipment must be checked, and if any anomaly or technical fault is detected, it must be reported to the instructors immediately.
- 7. All students are required to maintain order and cleanliness on the premises of the complex, and are expected to respect other students and to behave in a civilised manner.
- 8. When using the machines and equipment, students must take into account their own health, fitness, physique and strength. If you have any questions, please contact your instructor for help and guidance.
- 9. Instructors have the right to refuse access to students arriving after the start of class (maximum 10 minutes) in order to avoid the risk of accidents and disturbance to other students.
- 10. The gyms are to be used only in clean and hygienic sports clothing (sports shoes, t-shirt, top, sports shorts) suitable for the use of the sports equipment. If you have any questions about the suitability of clothing, please contact your instructor. Exercising in slippers, sandals or bare feet is not permitted to prevent the risk of accidents. The use of street shoes of any kind is prohibited for reasons of hygiene.
- 11. Street clothing, street shoes, muddy or dirty sports shoes are not allowed in the halls. In the fitness room, only closed sports shoes are allowed, slippers, sandals, socks, tights or bare feet are prohibited.
- 12. In the case of inadequate or inappropriate sports clothing, the instructor is entitled to ask the student to wear the appropriate clothing and, if the request is unsuccessful, to ban him/her from using the gym.
- 13. The Sports Centre will provide students using the sports service with the opportunity to change their clothes in the changing rooms set up for this purpose for each gender.
- 14. Access to the changing rooms is by means of a key located at the reception and in the gym. Please keep the changing rooms locked (with key) at all times.
- 15. Slippers must be worn in the changing and shower rooms.
- 16. The Sports Centre accepts no responsibility whatsoever for any valuables left in the changing rooms, which may be deposited in a safe.
- 17. After leaving the halls and changing rooms, rubbish may be left only in the bins provided for that purpose.

18. Students are required to report any problems in the bathrooms to the reception

(blockages, heavy soiling) so that they can be rectified as soon as possible.

19. Everyone is obliged to keep the premises of the Sports Centre clean and tidy.

20. For reasons of hygiene, towels must be used when using fitness equipment and machines to avoid direct contact with the body, and the machines must be

disinfected after use with the disinfectant liquid provided.

21. The use of chalk, talcum powder and magnesium powder is prohibited in the gym

area.

22. The improper use of fitness equipment and machines is an accident hazard, and

instructors are available to assist students with any questions.

23. Moving machines, placing weights and discs on the bench and throwing them is

prohibited.

24. It is forbidden to rest on the equipment, to make noise, to take out the equipment

in the room.

25. After use, all students must put the weights and pulleys back in their place, with as

little noise as possible.

26. When exercising with heavy weights, it is always necessary to ask for the

assistance of the instructor or a person using the room in order to avoid possible

accidents.

27. Students who do not exercise regularly should seek the help of their instructor to

use the machines and determine the amount of exercise appropriate to their

physical fitness.

28. To prevent injury, it is recommended that you warm up properly before exercising,

starting with cardio machines.

29. A short disinfection of the cardio machines after use is mandatory, especially of the

sensing and gripping surfaces.

30. In the event of an accident or incident, the reception desk or the competent

authorities should be informed immediately by calling the following telephone

numbers:

General emergency number: 112

Emergency services: 104

Fire brigade: 105

Police: 107

- 31. In the event of a fire alarm or bomb alert, sporting activities or other services must cease immediately and the premises must be vacated.
- 32. To leave, use the nearest staircase and exit and use the escape route.
- 33. Return to the building only after the emergency has passed.
- 34. An exceptional occurrence is any event or circumstance which is significantly different from the normal situation and which endangers the life or physical safety of persons in the premises, or which leads to or threatens to lead to serious consequences for the material assets located in the premises of the Sports Centre, or which causes serious disruption to its operation.
- 35. In the event of any damage or accident on the premises of the Sports Centre, students must immediately inform the receptionist on duty, who will take a report of the incident in order to take appropriate action.
- 36. Persons who are incapacitated, under the influence of alcohol or drugs, or who are infectiously ill and cannot be admitted to the public areas are not permitted to visit the premises.
- 37. Pregnant female students may use the Sports Centre facilities at their own risk.
- 38. Aggressive, abusive or threatening behaviour, pushing, shoving, fighting or threatening others, or disrupting the training of other students in any way is prohibited on the Sports Centre premises.
- 39. In the event of communication or behaviour which is offensive to the staff of the Sports Centre, we reserve the right to refuse access to the student and to suspend his/her pass during weekday evenings and weekends.
- 40. The Sports Centre has the right to ban any person in breach of the Code of Conduct from using the Sports Centre's services or, if necessary, to remove or have removed from the Sports Centre premises. The Sports Centre may request the assistance of the police or other authorities in cases that exceed the authority of the Sports Centre staff. A student who has been removed from the premises of the Sports Centre or banned from using its services may not make any claim against the Sports Centre.
- 41. The consumption of alcohol and smoking, including all types of electronic cigarettes, is prohibited in the entire premises of the Sports Centre.
- 42. No dangerous substances (infectious, poisonous, flammable, explosive, corrosive, irritant or otherwise harmful dust, gas, vapour, mist or radiation), weapons,

- piercing or cutting instruments or any other object deemed dangerous, drugs, intoxicating substances not classified as drugs, alcohol, etc. may be brought onto the premises of the Sports Centre.
- 43. No fragile (e.g. glass) or sharp objects are allowed in the gyms. Beverages (non-alcoholic beverages, e.g. water, soft drinks) may only be brought into the gym in plastic bottles or (metal/plastic) shakers.
- 44. Please dispose of plastic bottles in the bins provided.
- 45. No commercial activities, barter, exchange, sale, sale, advertising, propaganda (billboards, stop signs, wall stickers and flyers), distribution of souvenirs and samples of products promoting commercial activities, sale of articles of daily use for any commercial purpose, insurance brokerage or securities trading, music service are allowed on the premises of the Sports Centre.
- 46. Any promotional or decorative activity throughout the Sports Centre may be carried out only with the prior approval of the Sports Centre.
- 47. The recording of sound, video or images on the premises of the Sports Centre or during sessions is prohibited without prior approval.
- 48. Only the instructors are authorised to carry out personal training and instruction activities throughout the Sports Centre and no third parties are authorised to carry out such activities.
- 49. The consumption of unauthorised performance enhancers on the premises of the Sports Centre is strictly prohibited. Any person under the influence of such products is not allowed to use the gym.
- 50. During the late afternoon and evening hours on weekdays and at weekends, access to the gym area is only permitted with a valid pass.
- 51. Access to the changing rooms and gym is only permitted after checking in at the reception. During the late afternoon and evening hours and on weekends, students and teachers with a gymcard must write their name and the exact time of entry and exit in the booklet at the reception.
- 52. Passes are personal and can only be used by their holders, with no exceptions for family members.
- 53. The services included in the pass cannot be used beyond the expiry date indicated on the pass. Once the gym cards have expired, any remaining time cannot be used at a later date.

- 54. Only students and employees of Corvinus University of Budapest may use the gym.
- 55. The gym may be used by a minimum of 2 persons at a time, without instructor supervision.
- 56. The sports facilities of the Sports Centre may only be used during the opening hours of the complex.
- 57. All users of the Sports Centre's services must leave the complex on time in view of the closing times.
- 58. In order to ensure smooth operation, the operator has the right to comment on the entire area of the Sports Centre, in particular on the areas used by students and the way and extent to which services are used.
- 59. In the event of misconduct (violation of the rules of these Regulations or of the generally accepted rules of behaviour), the offender will be warned and, if this is not done, the staff of the Sports Centre will be entitled to ask the student to leave or to suspend or expel him/her from the premises.
- 60. In cases beyond the competence of the Sports Centre staff, they may request the assistance of the police or other authorities, who will instruct all concerned to cooperate.
- 61. The expelled student may not make any claim against the Sports Centre.
- 62. A closed circuit video surveillance system is in operation throughout the complex.
- 63. No food is allowed in the halls.