Hiking subject information

Aim: In order to broaden the possibilities of university sports, we offer hiking as a form of movement for the students of Corvinus University. We would like to promote regular hiking within the university. At the beginning of each semester, we recommend a hiking calendar with different tours. Out of these events, some events are organized by the P.E. Department itself and some events are organized by external organizers. Only participation in these events can be counted in the fulfilment of university physical education obligations.

What are the options for counting hiking as a P.E. class:

In case of participating in 4 of the advertised tours included in the hiking calendar, the student fulfils the physical education obligation of the semester.

How to verify tours:

Only proofs of tours advertised in the hiking calendar and announced distances for those tours can be accepted.

You can prove your participation in the tour by presenting the certificate booklet with your name on it for the given tour. The certificate booklet will be given to the hikers at the startpoint of each tour, this card must be stamped at the checkpoints during the tour and this stamped card must be presented. Please also upload to Moodle the memory card with your name – you receive it at the end of the tour.

In the case of tours organized by the Sports Center/P.E. Department/, you must register with the teacher at the location of the tour.

Please note that the organizers may ask for a registration fee on the spot! <u>Attention:</u>

• Only the booklet of those who complete the tours will be accepted, or if the student confirms that the student has covered more than 10 km from the distance.

• The hiker must also be included in the database of the tour organizers.

The presentation of the certificate booklets takes place continuously during the semester **on Moodle**, or in case of a dispute at a personally agreed time at the Physical Education and Sports Center.

Final deadline for uploading certificate booklets to the Moodle: Tuesday, 30 May 2023. After that, it will no longer be possible to upload material.

Good advice:

The calendar of events shows the most important data of the tours, we ask everyone to inform about the tour by the contacts given in the hiking calendar before starting the tour. In the Teams and Moodle, we will send information about the details of the actual weekend tour every week.

The tours are easy to complete with average physique, they do not require special equipment. The tour will only be canceled in extreme weather conditions - in this case, we will send you a notification about this in a Neptun message before the tour.

We wish you a good hiking!

More information about tours:

Antal Ferenc Email: corvinustura@gmail.com