



Home classroom

Coping in pandemic

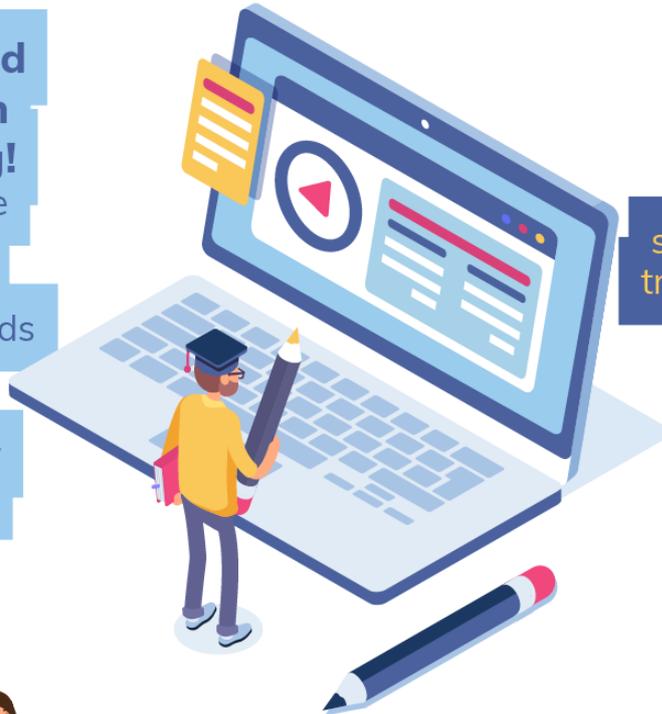
This is a self-help material created by Corvinus Student Support Services addressing new challenges in distance learning



Home classroom

Take part and stay active in the changing!

Spend some time to analyze your possibilities and try to find methods to adapt them to the current situation in order to preserve your effectiveness.



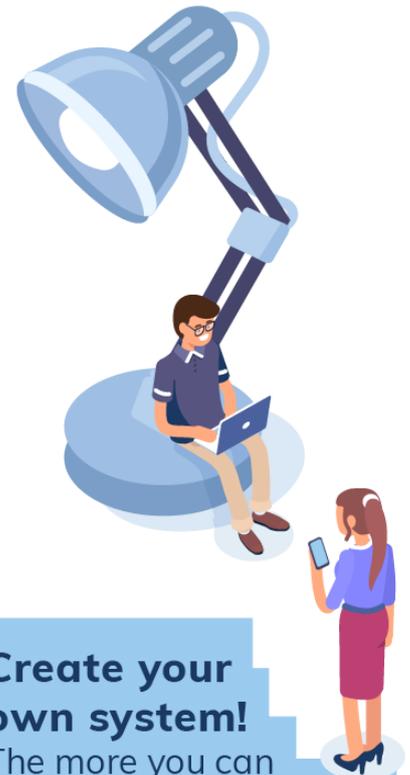
Explore new learning techniques!

Get familiar with softwares you haven't tried yet but could give you new solutions or tools! Planners, mindmaps or notepads are great and can help add to your work a lot.



Create your own study place!

What were the things you needed before in order to learn? Choose a place that's similar to that!



Stay connected with classmates!

Create online study groups and keep being informed about the progress of your classmates. Don't hesitate to ask for help from them, work in teams!



Use the „good old stuff“!

Use your self knowledge and your experiences about effective learning. It can be helpful to do a list about your best learning techniques.



Create your own system!

The more you can keep from your previous daily routines the better! It's inevitable to change our schedules but try to preserve habits and routines that can stay



May our activities be different we all face similar challenges: students, employees or employers have to adapt to new working methods, each of them finding out their own home office (HO) environments and settings. We all need to exit our comfort zone. As being a student you are challenged with creating your classroom in your home.

Take part and stay active in the changing!

Most of us have difficulties when pressed to change things in our lives. Even in companies it's often experienced that structural changes cause temporary decreasing in the productivity of the employees. This can be lessened however if all parties try to stay active during the process. Spend some time to analyze your possibilities and try to find methods to adapt them to the current situation in order to preserve your effectiveness. Take part in the decisionmaking about the processes and share your ideas with your professors and classmates! Try to keep favourite learning body posture and daily routine! You can become your own change manager.

Use the „good old stuff”!

Use your self knowledge and your experiences about effective learning. It can be helpful to do a list about your best learning techniques. Collect data about your best study surroundings! (technical settings, tools, places, potential study mates (classmates or teachers)) How could you use all these in creating the best HO for yourself?

Create your own study place!

You might happen to live in a more crowded place than you used to be or on the contrary: more separated than you'd wish to be. It is possible you study somewhere else than you used to study. Try to be inventive about creating a place for studying wherever you happen to be. What were the things you needed before in order to learn? Choose a place that's similar to that! If library is your place try to find the most quiet spot in your surroundings - in the appartement, in the garden or at the balcony. Pack some of your snacks and something to drink as well so you can settle there relaxed. Try to avoid the most cosy and warm spots (for example your bed) in order to stay focused: some stress helps to stay active and efficient. It might be slightly inconvenient but helps in the concentration! E. Hemingway chose to write at a standing table in order to work more effective...

Stay connected with classmates!

You might miss one of the most important motivation nowadays: comparing yourself to your classmates – until a healthy level of course. Create online study groups and keep being informed about the progress of your classmates. Don't hesitate to ask for help from them, work in teams! This can help you in being more efficient- and probably cheers you up as well.

Explore new learning techniques!

In this new situation you might find new methods for learning. Get familiar with softwares you haven't tried yet but could give you new solutions or tools! Planners, mindmaps or notepads are great and can help add to your work a lot. Try MindMeister or Sticky Sorter! It can be worth to invest some time to get familiar with them in order to gain some future advantage.

Create your own system!

The more you can keep from your previous daily routines the better! It's inevitable to change our schedules but try to preserve habits and routines that can stay, for example the time of waking up or meal times. If you've modified your schedule in order to fit to HO settings try to stay with them. Don't forget to plan regular physical activity for each day – it keeps your body healthy and your mind active. While testing your new schedules stay flexible and add changes if you need it. Remember: if you plan something that involves more person group decisions about rules can bring more effective work.

